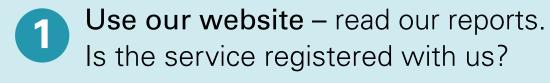
Choosing care for adults

Choosing care is **one of the hardest decisions** you will have to make.

Here are some **tips** from our inspectors:



- Go along for a visit take a list of questions, or a copy of our latest report.
- Visit several places if you can, and go at different times of day to observe the levels of activity.

What to look for:

Are you greeted in a **friendly way** when you arrive?

Is the atmosphere welcoming?

Can you speak to the home manager or make an appointment to speak to them?

Do people go **outside**? Is the home clean and well-lit?

Is it pleasantly decorated?

Are there any

unpleasant smells?

Do staff respect people's **right to privacy** and knock on bedroom doors?

Can you see the latest CSSIW report?

happy and busy?

Do people look

and interact with people?

Do staff speak to

have **choice** at mealtimes?

Can people

Do people

choose where to sit and eat?

Can you see a **choice** of rooms?

Does there appear to be sufficient staff members

to meet people's needs? What are their qualifications?



Your local authority's website will also have information on care services in your area.



