Annual Return 2022/2023

Provider Information to be published

The following information relates to information CIW held about this provider and its associated services on the 31st March 2023

This section has been completed for you. There are no actions to complete. This information displayed will be included in the published Annual Return.

Provider name:		Boswell Heal	Ithcare Ltd
The provider was registere	d on:	10/01/2019	
The following lists the provider conditions:	There are no imposed conditions associ	ciated to this p	provider
The regulated services delivered by this provider	Bryngwy		
were: Service Type Care Home S	Care Home Service		
	Type of Care		Adults Without Nursing
	Approval Date		10/01/2019
	Responsible Individual(s)		Douglas Leach
	Manager(s)		Caroline Lloyd
	Maximum number of places		24
	Service Conditions		There are no conditions associated to this service

Training and Workforce Planning

Describe the arrangements in place during the last financial year
for identifying, planning and meeting the training needs of staff
employed by the service provider

We facilitate a rolling programme of training using various channe Is for all staff. New staff undertake induction and provide their own history of training achievements and needs. Mandatory training sk illsets are the initial focus and all staff fall into the "group" for spec ific training based on the changing needs of residents we are ask ed to look after. Adherence to RISCA rules and guidance on training is a solid path and allows us to achieve mandatory training/retraining and specialist areas

Describe the arrangements in place during the last financial year for the recruitment and retention of staff employed by the service provider

We have used various avenues for recruitment, including InDeed, local advertising, newspapers, and our good friend; word of mout h. The last year has proved to be the most difficult in terms of recruitment. There is no one conclusive reason but an underfunded s ector certainly does not help. Luckily we have a strong retention r ate as I believe that the strength of our team, reputation, induction programme ongoing training and giving staff a voice direct to m anagement ensure individuals feel valued

Service Profile

Service Details

Name of Service	Bryngwy
Telephone Number	01597811125
What is/are the main language(s) through which your service is provided?	English Medium with some billingual elements
Other languages used in the provision of the service	no others

Service Provision

People Supported

How many people in total did the service provide care and support to during the last financial year?	29
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Fees Charged

The minimum weekly fee payable during the last financial year?	721
The maximum weekly fee payable during the last financial year?	805

Complaints

What was the total number of formal complaints made during the last financial year?	0
Number of active complaints outstanding	0
Number of complaints upheld	0
Number of complaints partially upheld	0
Number of complaints not upheld	0
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	questionnaires and meetings were assessed and held to gauge the views of all parties involved with the Home

Service Environment

How many bedrooms at the service are single rooms?	20
How many bedrooms at the service are shared rooms?	2
How many of the bedrooms have en-suite facilities?	10
How many bathrooms have assisted bathing facilities?	2
How many communal lounges at the service?	2
How many dining rooms at the service?	1
Provide details of any outside space to which the residents have access	we have beautiful gardens to view form the conservatory. These g ardens are on a slope and not accessed . However, we have a fro nt patio and courtyard which allow access to outside areas which we typically use in the warmer months.
Provide details of any other facilities to which the residents have access	We have access to the local community minibus and can utilise that for interests further afield

Communicating with people who use the service

Identify any non-verbal communication methods used in the provision of the service	
Picture Exchange Communication System (PECS)	No
Treatment and Education of Autistic and related Communication-handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No
Other	No

Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published guidance on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.

The essence of good care starts with listening and understanding the unique characteristics of each resident, Obviously we are introduced to any resident due to a deterioration of physical or mental wellbeing and an obvious focus will be on the medical side. That said, we must never lose sight that we are befriending a person with a history, with likes and dislikes and we endeavour to find out as much as we can from the individual about the m (often with the help of loved ones) and what we can do to make this huge life transition as smooth as possible.

Governance arrangements centre around statutory care planning and for those residents with capacity the need to listen to in dividual wishes and preferences within the context of our duty of care and ability to reasonably provide solutions to such wishes. Similarly, for residents whose illness and dementia makes this direct form of communication difficult more weight is put on discussions with families, loved ones and professionals.

Our care plans remain focussed on the individual and not word s for word's sake. This allows us to monitor changes in well- bei ng and personal preferences, whether that be dietary or activity based and to monitor the small signs of decline that almost sur elv come.

The "performance" standard has been as high as I could have hoped since we keep the atmosphere of the Home as buoyant as possible. We do this by knowing and providing as many blen ds of dietary, religious and interest based opportunities that ea ch resident displays.

This can be summed up by feedback from families who said "the staff are always pleasant and helpful", "the atmosphere is lovely" and "always friendly and clean".

I believe that the core values of the Home, led by my Manager and staff, result in an open and transparent culture where any r esident has a voice that is heard

The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.

Professional care planning and constant work with GPs and Dis trict Nurses is the primary care model employed when considering the daily health and wellbeing of residents.

Where safe and viable the pursuit of independent choices will be offered and made available. Sadly, the balance of our reside nts with capacity has swung to a low minority and the use of DO LS is needed for those who safety may be compromised.

Access to healthcare has been a major function of the service we historically offered by chaperoning residents to hospital app ointments etc and maintain the strong link with medical professi onals who have their own role in the care planning circle referre d to above. So, appointments with dentists, chiropodists, Distric t Nurses, GPs and other specialists are a fundamental part of t he process and our duty of care .

The stream of new and "reinforcement" training that we underta ke will allow our staff to strengthen their skillsets and become e ven better carers capable of spotting the minor changes within a resident that could lead to bigger issues. Whether it be the b ehaviour of diabetics, the redness of early pressure sores, urin ary tract infections, epilepsy and dementia; staff are constantly aware of tell-tale signs within our residents.

I believe that the whole experience of Covid, lockdown and the f act that my staff became my residents only point of contact (du e to visitors being locked down) that the essence of care was a mplified and allowed my team to re-evaluate their roles as profe ssionals and as "crutches" for the vulnerable people we look aft er. No amount of training or supervision would have given them the skills boost this whole situation has provided. The aim of my manager and I is to build on this new found "self respect" which has meant so much to the team.

In simple terms we must continue to follow the protocols and ad vice from all specialists to allow our residents to be the stronge st they can be.

The extent to which people feel safe and protected from abuse The essential core of caring for people is to ensure they feel sa fe. Other issues spin off of this feeling but safety and comfort ar and neglect. e paramount. Protocols are written in areas such as safeguardi ng and whistle blowing, which formally state the ethos of the Ho me which is also fed through to the staff by me, the Manager an d senior staff. The feelings of residents, particularly those who may be more fragile in their mood, are constantly gauged by st aff and the wonderful relationship between carer and resident a llows any subtle changes to be measured and reported. Working with Safeguarding authorities allows us to underpin thi s ethos by working with local authority and CIW to ensure care standards are maintained. I believe that the feeling of safety manifests itself in one primary way which is the sense of well- being and reducing the sense of loneliness that often shows up in our assessment process befor e a long -term care with a Home like ours. Building a sense of community and friendship for our residents enhances that sense of safety and wellbeing which is the bedro ck of our approach. Ultimately the instinct to care is a driver for common goals and standards and familiarises my staff with the need to safeguard our residents (using the true meaning of the word) and by "looking out" for them we employ, intuitively, the c ontent of our formal policies. The extent to which people live in accommodation that best When phrases like "privacy, dignity and confidentiality" are use d it really means that each individual is allowed to live their life i supports their wellbeing and achievement of their personal n a way that is fundamental to their character and choices. Wh outcomes. ether this be dietary, behaviourally or just by way of daily patter ns support is given to match these unique, specific needs. Usual practice is to allow our residents with particular interests and wishes to enjoy them beyond the four walls of the Home. The thread with this entire report is knowing the individual and what the Home can realistically provide within the resources off ered. This is done by subtle but direct questioning and getting a picture of the person in front of you. To understand their nua

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at 31 March)

10

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type

Does your service structure include roles of this type?	Yes
	pecifically to this role type only. Unless otherwise osition as of the 31st March of the last financial year

nces, loves and wishes. So whether this is music events, "away days" or gardening, or watching "Carry On" films we shape our i

nput to the individual resident.

No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook relevation provided is only a sample of the training that may can be added to 'Please outline any additional training that may outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Infection, prevention & control	1
Manual Handling	1
Safeguarding	1
Medicine management	1
Dementia	1
Positive Behaviour Management	0
Food Hygiene	1
Please outline any additional training undertaken pertinent to this role which is not outlined above.	
Contractual Arrangements	
No. of permanent staff	1
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	1
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	1
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0
Deputy service manager	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	2
No. of posts vacant	0
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Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'. 0 Induction Health & Safety 0 Equality, Diversity & Human Rights 1 Infection, prevention & control Manual Handling 2 2 Safeguarding 2 Medicine management 1 0 Positive Behaviour Management Food Hygiene Please outline any additional training undertaken pertinent to this role which is not outlined above. **Contractual Arrangements** No. of permanent staff 2 No. of Fixed term contracted staff 0 No. of volunteers 0 0 No. of Agency/Bank staff 0 No. of Non-guaranteed hours contract (zero hours) staff Outline below the number of permanent and fixed term contact staff by hours worked per week. No. of full-time staff (35 hours or more per week) 1 No. of part-time staff (17-34 hours per week) 1 No. of part-time staff (16 hours or under per week) 0 Staff Qualifications 2 No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager 0 No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager Other supervisory staff No Does your service structure include roles of this type? Nursing care staff No Does your service structure include roles of this type? Registered nurses Does your service structure include roles of this No type?

Senior social care workers providing direct care

Training undertaken during the last financial year for this role type.

Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	4
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook relevation provided is only a sample of the training that may can be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training traini	ant training. The list of training categories
Induction	0
Health & Safety	1
Equality, Diversity & Human Rights	0
Infection, prevention & control	0
Manual Handling	2
Safeguarding	3
Medicine management	3
Dementia	1
Positive Behaviour Management	0
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above. Contractual Arrangements	
No. of permanent staff	4
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	0
No. of part-time staff (17-34 hours per week)	4
No. of part-time staff (16 hours or under per week)	0
Typical shift patterns in operation for employed	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	7am-2pm 2pm-9pm usually one senior per shift
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	4
No. of staff working towards the required/recommended qualification	0

Does your service structure include roles of this	Yes
type?	
Important: All questions in this section relate spe	ecifically to this role type only. Unless otherwise
	ition as of the 31st March of the last financial year
Filled and vacant posts	
No. of staff in post	21
No. of posts vacant	1
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that may can be added to 'Please outline any additional training that during the sample of the training that may be added to 'Please outline any additional training the sample of the	ant training. The list of training categories
Induction	2
Health & Safety	7
Equality, Diversity & Human Rights	0
Infection, prevention & control	12
Manual Handling	21
Safeguarding	18
Medicine management	12
Dementia	6
Positive Behaviour Management	0
Food Hygiene	13
Please outline any additional training undertaken pertinent to this role which is not outlined above.	
Contractual Arrangements	
No. of permanent staff	20
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	1
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	3
No. of part-time staff (17-34 hours per week)	12
No. of part-time staff (16 hours or under per week)	5
Typical shift patterns in operation for employed	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	4 x 7am-2pm 4 x 2pm-9pm 2 x 9pm-7am
Staff Qualifications	
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	21

No. of staff working towards the required/recommended qualification	0
Domestic staff	
Does your service structure include roles of this type?	Yes
	ecifically to this role type only. Unless otherwise sition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	2
No. of posts vacant	0
Induction	0
Health & Safety	0
Equality, Diversity & Human Rights	0
Infection, prevention & control	2
Manual Handling	2
Safeguarding	0
Medicine management	0
Dementia	0
Positive Behaviour Management	0
Food Hygiene	0
Please outline any additional training undertaken pertinent to this role which is not outlined above.	
Contractual Arrangements	
No. of permanent staff	2
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fix	ed term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	0
No. of part-time staff (17-34 hours per week)	2
	0
No. of part-time staff (16 hours or under per week)	
No. of part-time staff (16 hours or under per week) Staff Qualifications	
	2

Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise sition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	2
No. of posts vacant	0
Induction	1
Health & Safety	1
Equality, Diversity & Human Rights	0
Infection, prevention & control	1
Manual Handling	2
Safeguarding	0
Medicine management	0
Dementia	0
Positive Behaviour Management	0
Food Hygiene	2
Please outline any additional training undertaken pertinent to this role which is not outlined above.	
Contractual Arrangements	
No. of permanent staff	2
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	ed term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	0
No. of part-time staff (17-34 hours per week)	2
No. of part-time staff (16 hours or under per week)	0
Staff Qualifications	
No. of staff who have the required qualification	2
No. of staff working toward required/recommended qualification	0
Other types of staff	
Does your service structure include any additional role types other than those already listed?	No