Annual Return 2022/2023

Provider Information to be published

The following information relates to information CIW held about this provider and its associated services on the 31st March 2023

This section has been completed for you. There are no actions to complete. This information displayed will be included in the published Annual Return.

Provider name:		Plas Cwmcynfelin Limited	
The provider was registere	ed on: 14/11/2018		
The following lists the provider conditions:	There are no imposed conditions associated to this provider		provider
The regulated services delivered by this provider	Ras Owncynfelin Ltd		
were:	Service Type		Care Home Service
	Type of Care		Adults With Nursing
	Approval Date		14/11/2018
	Responsible Individual(s)		Sarah Price
	Manager(s)		Sarah Price
	Maximum number of places		55
	Service Conditions		There are no conditions associated to this service

Training and Workforce Planning

Describe the arrangements in place during the last financial year for identifying, planning and meeting the training needs of staff employed by the service provider

Staff competencies are routinely examined during the supervision process by direct observation. Training needs are identified throu gh the training matrix and in resulting discussions with suitable res ources found. When individuals with specific needs are admitted, we ensure that nursing staff receive adequate support and trainin g from the LHB. New care assistants follow Ceredigion County Council's Social Care for External Partners programme and receive in-house induction.

Describe the arrangements in place during the last financial year for the recruitment and retention of staff employed by the service provider

The service advertises for new staff via Indeed, social media and t hrough the local Job Centre in response to new vacancies. Staff a re selected subject to their experience, presentation during interview, their references, and the results of their DBS checks. Nurses must hold necessary professional registration. Care Assistants m ust register with Social Care Wales within six months of commencing employment and undergo study towards a diploma in Health a nd Social Care.

Service Profile

Service Details

Name of Service	Plas Cwmcynfelin Ltd
Telephone Number	01970623783
What is/are the main language(s) through which your service is provided?	Welsh Medium and English Medium
Other languages used in the provision of the service	

Service Provision

People Supported

How many people in total did the service provide care and support to during the last financial year?	114
Tappers is assessed and the same of the sa	

Fees Charged

The minimum weekly fee payable during the last financial year?	750
The maximum weekly fee payable during the last financial year?	1172.94

Complaints

What was the total number of formal complaints made during the last financial year?	1
Number of active complaints outstanding	0
Number of complaints upheld	1
Number of complaints partially upheld	0
Number of complaints not upheld	0
What arrangements were made for consulting people who use the service about the operation of the service during the last financial year?	We hold regular residents' meetings where service users can air t heir views regarding various aspects of living at the Service. The management team interact with the service users regularly in pers on, giving opportunity for feedback. The service gathers the views of service users, their families and staff during an annual quality a ssurance exercise. The management run an "open door" policy, w hereby service users, representatives and staff can gain direct ac cess to members of the management team as required to raise is sues or provide feedback, thereby allowing any issues to be dealt with swiftly and informally.

Service Environment

How many bedrooms at the service are single rooms?	43
How many bedrooms at the service are shared rooms?	6
How many of the bedrooms have en-suite facilities?	13
How many bathrooms have assisted bathing facilities?	10
How many communal lounges at the service?	5
How many dining rooms at the service?	2
Provide details of any outside space to which the residents have access	Both buildings are situated in extensive well kept grounds and est ablished landscaped gardens with large lawns to the front of each building. All public areas are easily accessible on foot or by wheel chair, and outside seating and tables with parasols are provided s o that service users can sit out and enjoy the surroundings, or tak e meals and drinks outside if they wish. There are no steps or any other obstacle in public areas that would make access difficult for people with declining mobility or wheelchair users.
Provide details of any other facilities to which the residents have access	On site parking.

Communicating with people who use the service

Identify any non-verbal communication methods used in the provision of the service	
Picture Exchange Communication System (PECS)	No
Treatment and Education of Autistic and related Communication-handicapped CHildren (TEACCH)	No
Makaton	No
British Sign Language (BSL)	No

Other N	No
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Statement of Compliance

The Responsible Individual must prepare the statement of compliance.

CIW have published <u>guidance</u> on completing the quality of care review which provides advice on what could be contained within the statement of compliance.

Set out your statement of compliance in respect to the four well-being areas below.

The extent to which people feel their voices are heard, they have choice about their care and support, and opportunities are made available to them.

The Home communicates well with the service users regarding their wishes and preferences and deals with any issues promptly. We offer a good range of group activities that our service users find engaging, including activities for frail and bed nursed service users, such as aromatherapy massage. Our service is led by its users, and we hold regular meetings with an external facilitator to gather views on all aspects of care and hear the service users' views regarding activities and where we can improve our service. Of course, service users do not have to wait for the se opportunities, but can voice any opinions or complaints which will be routed to management.

Service users and their representatives (where appropriate) ar e consulted with regard to their preferences on how care is to b e delivered, and each service user has an individualised plan o f care designed on this basis. Service users are well supported to access health care professionals and allied services as and when they need. Routine vaccinations are arranged and provid ed with relevant consent.

Although we are experiencing an increased number of interim a dmissions from the hospital at present, we are managing this w ell. Although many of our newer residents are short stay, we are making efforts to engage with their families to ensure the fost ering of good and supportive relationships with them. This is particularly important after the COVID pandemic, whereby care ho mes were operating as "closed shops" under COVID rules. This could make relationships with families and loved ones strained at times

The extent to which people are happy and supported to maintain their ongoing health, development and overall wellbeing. For children, this will also include intellectual, social and behavioural development.

The home receives many compliments from service users' representatives. The home gathers quite extensive and detailed information regarding the service users' physical and medical well being, including monitoring skin integrity, continence, dietary and fluid intake. Our care team have experience of managing a range of health conditions, and we ensure that referrals are made to specialist services where required to ensure service users are regularly and expertly reviewed.

Service users are encouraged to remain in touch with significan t others via a range of means, including the use of digital techn ology. Many of our staff are able to support them in its use. We have recently had WIFI installed throughout the complex that fa cilitates digital communication, and also enables service users t o take advantage of devices such as their own tablets, smart T Vs, smart phones, etc., which are becoming quite common among the demographic of our clientele as time progresses.

Visiting hours are unrestricted, and visitors are made to feel wel come in the Home. We still exercise caution with regard to COVID, and although visitors no longer need to book appointments to visit, we still encourage them to self-test for COVID, or to wear a mask during their visit as a precaution. Our service users are all given access to COVID vaccinations, and relevant consent is sought.

Service users are allowed to exercise choice in how they spend their day, and are encouraged to engage in activities that inter est them where they are able. Service users who remain in bed through frailty or poor health are also offered activities such as aromatherapy massage.

The extent to which people feel safe and protected from abuse All relevant checks are carried out on prospective employees. and neglect. Once employed, staff are expected to undergo Ceredigion Cou nty Council's Social Care for External Partners Programme of e -learning modules. This includes modules in Safeguarding, Equ ality and Diversity and Protecting Individuals at risk of Vulnerabi lity Crimes and complete the in-house induction. All care staff must register with Social Care Wales within six mo nths of commencing work, and they will be expected to enrol for study on a suitable nationally recognised qualification if they do not already have one. Staff are also enrolled on the NHS e-lear ning platform (Learning@Wales), and are encouraged to take r esponsibility for their own CPD record to fulfil the requirements for continued registration. All service users are risk assessed in key areas (e.g. risk of fall s, pressure damage, etc.) in a balanced way to support their co ntinued wellbeing whilst not impinging too much on their rights o r enjoyment of day to day activities. Service users and their representatives are made aware of the complaints procedure in the Welcome Pack, and the procedure s are displayed in a prominent position in the hallways of both b Timely referrals to external health and social services are made as required to ensure our service users receive specialist care i f needed. The extent to which people live in accommodation that best The Home is well maintained with a rolling programme of refurbi shment. Although all rooms are fully furnished, we encourage s supports their wellbeing and achievement of their personal outcomes. ervice users to bring in items that will personalise the rooms to make them feel more at home. We provide a nutritious and varied menu from our kitchens (FS A rating: 5), and alternatives are available should our service u sers be following a health-related diet, a lifestyle diet (e.g. vega n) or simply not like the meal on offer that day. All nursing equipment is supplied by the Home, and is regularly inspected and maintained, with relevant tests being carried out as dictated by law (e.g. LOLER and PAT testing). Where more specialist equipment is required (e.g. Oxygen condensers), we will make reference to the relevant service and ensure it is in sit u before the service user is admitted. All areas of the building are accessible, and lifts are provided to all floors in both houses. Hand rails are provided in all corridors to aid those who are independently mobile. The grounds are ac cessible and free from steps or other barriers that may make it difficult to get around. We supply free WIFI access to all rooms within both buildings, a llowing service users to use their own devices.

The following section requires you to answer questions about the staff and volunteers working at the service.

Number of posts and staff turnover

The total number of full time equivalent posts at the service (as at 31 March)

74

The following section requires you to answer questions about each staff type including information about the number of filled and vacant posts, the training undertaken, the contractual arrangements in place and the qualifications of those staff.

The information entered should relate to the period during which the staff member has been working for the provider only.

Staff Type	Service Manager	
	Does your service structure include roles of this type?	Yes

Important: All questions in this section relate specifically to this role type only. Unless otherwise stated, the information added should be the position as of the 31st March of the last financial year.		
Filled and vacant posts		
No. of staff in post	2	
No. of posts vacant	0	
Training undertaken during the last financial year for this role type. Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.		
Induction	0	
Health & Safety	2	
Equality, Diversity & Human Rights	2	
Infection, prevention & control	2	
Manual Handling	2	
Safeguarding	2	
Medicine management	2	
Dementia	2	
Positive Behaviour Management	2	
Food Hygiene	2	
Please outline any additional training undertaken pertinent to this role which is not outlined above.	COVID training and meetings, including infection pr evention and control; Staff registration training and plenary meetings; HMRC training; Nutrition and Me dicines Management; Liberty Protection Safeguard s; Oral health; Speech and Language Therapy Ser vice training;	
Contractual Arrangements		
No. of permanent staff	2	
No. of Fixed term contracted staff	0	
No. of volunteers	0	
No. of Agency/Bank staff	0	
No. of Non-guaranteed hours contract (zero hours) staff	0	
Outline below the number of permanent and fixed term contact staff by hours worked per week.		
No. of full-time staff (35 hours or more per week)	2	
No. of part-time staff (17-34 hours per week)	0	
No. of part-time staff (16 hours or under per week)	0	
Staff Qualifications		
No. of staff who have the required qualification to be registered with Social Care Wales as a Service Manager	2	
No. of staff working toward required/recommended qualification to be registered with Social Care Wales as a Service Manager	0	
Deputy service manager		
Does your service structure include roles of this type?	No	

Important: All questions in this section relate specifically to this role type only. Unless otherwise stated, the information added should be the position as of the 31st March of the last financial year.		
Filled and vacant posts		
No. of staff in post		
No. of posts vacant 0		
Training undertaken during the last financial year for this role type. Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.		
Induction 0		
Health & Safety 1		
Equality, Diversity & Human Rights 1		
Infection, prevention & control 1		
Manual Handling 1		
Safeguarding 1		
Medicine management 1		
Dementia 1		
Positive Behaviour Management 0		
Food Hygiene 1		
Please outline any additional training undertaken pertinent to this role which is not outlined above. Welsh Language Awareness, Me Awareness, Understanding Autis with Autism, First Aid Awareness, Prevention of UTI, Transgender ure Ulcer Prevention, Moisture Amage, Continence Problems in Akin Management	m, Communication , Unconscious Bias r Awareness, Press ssociated Skin Da	
Contractual Arrangements		
No. of permanent staff 1		
No. of Fixed term contracted staff 0		
No. of volunteers 0		
No. of Agency/Bank staff 0		
No. of Non-guaranteed hours contract (zero hours) 0 staff		
Outline below the number of permanent and fixed term contact staff by hours worked per week.		
No. of full-time staff (35 hours or more per week)		
No. of part-time staff (17-34 hours per week) 0		
No. of part-time staff (16 hours or under per week) 0		
Staff Qualifications		
No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker		
No. of staff working towards the required/recommended qualification		

Does your service structure include roles of this type?	Yes
type:	
Important: All questions in this section relate spe stated, the information added should be the pos	cifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year
Filled and vacant posts	
No. of staff in post	5
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that may can be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training the last financial year.	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	0
Health & Safety	5
Equality, Diversity & Human Rights	5
Infection, prevention & control	5
Manual Handling	5
Safeguarding	5
Medicine management	5
Dementia	0
Positive Behaviour Management	0
Food Hygiene	5
Please outline any additional training undertaken pertinent to this role which is not outlined above. Contractual Arrangements	Moisture Associated Skin Damage
No. of permanent staff	5
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	5
· · · · · · · · · · · · · · · · · · ·	0
No. of part-time staff (17-34 hours per week)	
, , ,	0
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week)	0
No. of part-time staff (17-34 hours per week) No. of part-time staff (16 hours or under per week) Typical shift patterns in operation for employed staff out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in	ostaff Day shift: 7am-8pm; 2 nursing care staff

No. of staff working towards the required/recommended qualification	0
Registered nurses	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	8
No. of posts vacant	2
Training undertaken during the last financial year Set out the number of staff who undertook releven provided is only a sample of the training that may can be added to 'Please outline any additional training that outlined above'.	ant training. The list of training categories
Induction	0
Health & Safety	3
Equality, Diversity & Human Rights	3
Infection, prevention & control	3
Manual Handling	3
Safeguarding	3
Medicine management	3
Dementia	0
Positive Behaviour Management	0
Food Hygiene	3
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Moisture associated skin damage
Contractual Arrangements	
No. of permanent staff	8
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	1
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	7
No. of part-time staff (17-34 hours per week)	1
No. of part-time staff (16 hours or under per week)	0
Typical shift patterns in operation for employed	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	Day shift: 7am to 8pm; 2 nurses Night shift: 7:45pm to 8am; 2 nurses
Senior social care workers providing direct care	

Does your service structure include roles of this type?	No
Other social care workers providing direct care	
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the posi	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	43
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook relevation provided is only a sample of the training that may can be added to 'Please outline any additional training that may can be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training that may be added to 'Please outline any additional training training that may be added to 'Please outline any additional training trai	ant training. The list of training categories y have been undertaken. Any training not listed
Induction	20
Health & Safety	43
Equality, Diversity & Human Rights	43
Infection, prevention & control	43
Manual Handling	43
Safeguarding	43
Medicine management	43
Dementia	30
Positive Behaviour Management	0
Food Hygiene	43
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Moisture Associated Skin Damage, Oral hygiene, revention of UTI
Contractual Arrangements	
No. of permanent staff	43
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	2
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixed	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	21
No. of part-time staff (17-34 hours per week)	19
No. of part-time staff (16 hours or under per week)	3
Typical shift patterns in operation for employed s	staff
Set out the typical shift patterns of staff employed at the service in this role type. You should also include the average number of staff working in each shift.	Day shifts: 7am to 8pm; 12 staff Night shifts: 7:45pm to 8am; 5 staff

No. of staff who have the required qualification to be registered with Social Care Wales as a social care worker	18	
No. of staff working towards the required/recommended qualification	14	
Domestic staff		
Does your service structure include roles of this type?	Yes	
	ecifically to this role type only. Unless otherwise sition as of the 31st March of the last financial year.	
Filled and vacant posts		
No. of staff in post	9	
No. of posts vacant	0	
	•	
Induction	1	
Health & Safety	9	
Equality, Diversity & Human Rights	0	
Infection, prevention & control	9	
Manual Handling	9	
Safeguarding	0	
Medicine management	0	
Dementia	0	
Positive Behaviour Management	0	
Food Hygiene	9	
Please outline any additional training undertaken pertinent to this role which is not outlined above.	COSHH, RIDDOR, Safe handling of food, Legionell a,	
Contractual Arrangements		
No. of permanent staff	9	
No. of Fixed term contracted staff	0	
No. of volunteers	0	
No. of Agency/Bank staff	0	
No. of Non-guaranteed hours contract (zero hours) staff	0	
Outline below the number of permanent and fixe	ed term contact staff by hours worked per week.	
No. of full-time staff (35 hours or more per week)	3	
No. of part-time staff (17-34 hours per week)	6	
No. of part-time staff (16 hours or under per week)	0	
Staff Qualifications		
No. of staff who have the required qualification	0	
No. of staff working toward required/recommended qualification	0	

Catering staff	T
Does your service structure include roles of this type?	Yes
Important: All questions in this section relate spe stated, the information added should be the pos	ecifically to this role type only. Unless otherwise ition as of the 31st March of the last financial year.
Filled and vacant posts	
No. of staff in post	5
No. of posts vacant	0
Training undertaken during the last financial year Set out the number of staff who undertook releve provided is only a sample of the training that ma can be added to 'Please outline any additional training that materials and the same statement of the same statemen	ant training. The list of training categories
Induction	0
Health & Safety	5
Equality, Diversity & Human Rights	0
Infection, prevention & control	5
Manual Handling	5
Safeguarding	0
Medicine management	0
Dementia	0
Positive Behaviour Management	0
Food Hygiene	4
Please outline any additional training undertaken pertinent to this role which is not outlined above.	COSHH, RIDDOR, Legionella
Contractual Arrangements	
No. of permanent staff	5
No. of Fixed term contracted staff	0
No. of volunteers	0
No. of Agency/Bank staff	0
No. of Non-guaranteed hours contract (zero hours) staff	0
Outline below the number of permanent and fixe	d term contact staff by hours worked per week.
No. of full-time staff (35 hours or more per week)	4
No. of part-time staff (17-34 hours per week)	0
No. of part-time staff (16 hours or under per week)	1
Staff Qualifications	
No. of staff who have the required qualification	4
No. of staff working toward required/recommended qualification	1
Other types of staff	
Does your service structure include any additional role types other than those already listed?	Yes

List the role title(s) and a brief description of the role responsibilities.	General Maintenance Man. Carries out inspection and repair of equipment. Performs routine mainten ance tasks around the premises, to include renovat ion and repair work.	
Filled and vacant posts		
No. of staff in post	1	
No. of posts vacant	0	
Training undertaken during the last financial year for this role type. Set out the number of staff who undertook relevant training. The list of training categories provided is only a sample of the training that may have been undertaken. Any training not listed can be added to 'Please outline any additional training undertaken pertinent for this role which is not outlined above'.		
Induction	0	
Health & Safety	1	
Equality, Diversity & Human Rights	0	
Infection, prevention & control	1	
Manual Handling	1	
Safeguarding	0	
Medicine management	0	
Dementia	0	
Positive Behaviour Management	0	
Food Hygiene	0	
Please outline any additional training undertaken pertinent to this role which is not outlined above.	Hoist LOLER service training, COSHH, RIDDOR	
Contractual Arrangements		
No. of permanent staff	1	
No. of Fixed term contracted staff	0	
No. of volunteers	0	
No. of Agency/Bank staff	0	
No. of Non-guaranteed hours contract (zero hours) staff	0	
Outline below the number of permanent and fixe	ed term contact staff by hours worked per week.	
No. of full-time staff (35 hours or more per week)	1	
No. of part-time staff (17-34 hours per week)	0	
No. of part-time staff (16 hours or under per week)	0	
Staff Qualifications		
No. of staff who have the required qualification	1	
No. of staff working toward required/recommended	0	