



## Inspection Report on

**CPD Llwyn Piod**

**Clynderwen**

**Mae'r adroddiad hwn hefyd ar gael yn Gymraeg**

**This report is also available in Welsh**

**Date Inspection Completed**

27<sup>th</sup> of June 2024

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## About CPD Llwyn Piod

Type of care provided	Care Home Service Adults and Children Without Nursing
Registered Provider	Transform Residential Limited
Registered places	4
Language of the service	English
Previous Care Inspectorate Wales inspection	9 <sup>th</sup> February 2023
Does this service promote Welsh language and culture?	This service is working towards providing an 'Active Offer' of the Welsh language and intends to become a bilingual service or demonstrates a significant effort to promoting the Welsh language and culture.

### Summary

Young people are supported to express themselves and are given choice in their day to day lives, including support from specialist health services and speech and language therapists. They have opportunities to take part in a range of social and leisure activities within the home and in the community. Young people attend an on-site college where they can develop a sense of independence and enjoy growing fruit, vegetables and mixing with peers from other homes. They are suitably placed, and assessments are carried out to ensure their needs can be met prior to offering a placement and on an ongoing basis.

The Responsible Individual (RI) provides good oversight of the management of the service. Effective systems are in place which provide overall governance to improve the quality of care provided at the home. The manager provides support to a core staff team which is dedicated to the care and support needs of young people.

The home provides a positive environment for young people to achieve a good sense of well-being. Plenty of room is available for young people to engage in activities within the home. It is well furnished and meets the needs of young people. A large outdoor garden gives them opportunities to access the garden area on nice days and they enjoy walking surrounding paths.

### Well-being

Young people's voices are heard. We observed care staff demonstrating active listening and enabling young people to express themselves, to make choices and raise any concerns. Effective communication systems provide choice and allow young people to make decisions over their everyday lives. Weekly meetings are purposeful in enabling young people's views and wishes, to do things they enjoy and develop routines. Weekly planners are suited to their communication needs and are developed with care staff. Engagement in activities such as bowling, trampoline parks and photography promote young people's emotional well-being.

Young people are encouraged to lead healthy lifestyles and enjoy growing fresh fruit and vegetables in the college greenhouses which are used to make meals in the home. Menus are developed with young people which are healthy and wholesome.

We observed young people in the college environment having lunch together and engaging with peers and staff as they went about their learning. Young people's educational needs are met at the on-site college where care staff support teaching staff with their learning and development.

Effective safeguarding systems are in place and easy read widgets are available which suits the needs and understanding of young people. Pictures are available to enable them to inform staff if they are happy or if they feel sad or would like to raise a concern. Weekly safeguarding meetings are attended by college and care managers to ensure a clear focus on student's welfare and any possible concerns.

Young people are supported to maintain family relationships and people who are important to them. Feedback from parents we consulted indicated they are satisfied with the care and support young people receive to develop their independence while away from home.

Care staff are kind, respectful and have a good understanding of the young people they are supporting.

Young people are supported with their physical health needs and are registered with local health services. They are supported by care staff to organise and attend appointments when necessary.

The environment suits the needs of young people. It provides appropriate room for young people to roam freely, engage in activities and suitable space for when they would like quiet periods. Outside has a large garden area with a range of equipment where young people can spend time outdoors.

## Care and Support

Young people have access to a guide which provides information about what they can expect whilst living at the service, such as what activities are offered, local amenities and health services. A complaints procedure provides guidance on how to raise a concern and is suitable for young people.

Provider assessments are comprehensive and include detailed information on how young people's care and support needs will be met. Risks and compatibility are considered and include a rationale on how the service can be delivered which keeps young people safe and live together harmoniously. Provider assessments are kept under regular review and are reflective of current care and support needs.

Personal plans are thorough and set out how young people are encouraged to achieve their goals and aspirations. Personal plans provide guidance to care staff on how to support young people to achieve personal outcomes and encourage independent living skills which promote their well-being. Information relating to health needs, cultural beliefs and people involved in their care are accessible. Personal plans are regularly reviewed however, it is unclear how or if young people, parents, and social workers are involved in assessment, planning and review process.

Behavioural support plans are in place and provide useful guidance on how to support young people to maintain a positive sense of well-being. Consideration is given to their likes and dislikes and strategies to guide care staff to support them effectively.

Risk assessments encourage positive risk-taking and guidance on how to keep young people safe when engaging in activities which are important to them.

Daily logs are completed consistently by care staff and provide details of young people's daily activities and routines. Outcomes are recorded in the daily logs and are reflective of information outlined in personal plans.

We saw active support being delivered and positive interactions from staff which encourages young people's independence. We were told there is a low turnover of care staff, providing the home with consistency and continuity.

Medication systems are in place and suitable arrangements are made for their storage. Care staff are suitably trained and are responsible for the safe administration and management of medication.

## Environment

The home is located in rural Pembrokeshire with views of the countryside and surrounded by the Preseli mountains. The home provides a spacious area which is clean, tidy, and well maintained. A large living area provides a TV, games and sufficient seating for young people and care staff to sit and spend time together.

The kitchen is an appropriate size and has suitable equipment to make students meals. Temperatures of fridges are checked and recorded daily. The dining room has a table and chairs which provides well for young people to have meals with staff and for playing games and engaging in craft activities. Photographs of young people engaging in a range of activities are displayed providing a homely feel. The bedrooms are warm, well-furnished, and provide suitable space to have privacy and relax.

There is a large garden area with equipment for young people to enjoy outdoor activities. This includes raised beds where young people can grow fruit or vegetables. Colourful items are placed by young people in trees to fulfil their sensory needs. The surrounding area has numerous paths for young people to enjoy the countryside and promote their physical and emotional well-being. The college is within walking distance of the home.

Fire risk assessments are in place and regularly reviewed. Fire drills are conducted in a timely manner and Personal Emergency and Evacuation (PEEP) are in place to keep young people safe.

Health and Safety monitoring systems ensure the home is in a good state of repair. COSHH items are locked away safely.

The home has a visitor's book, and we were asked to sign in and our identification verified on arrival.

## Leadership and Management

The statement of purpose (SOP) provides detailed information about the service and college and is subject to regular review and updating.

The service provider has robust quality of care systems. Processes are in place which monitor, review, improve the quality of care, and focus on driving improvement for young people. The responsible individual (RI) visits the home regularly and provides supervision to the management and effective oversight of the quality, safety, and effectiveness of the service.

A quality-of-care report is completed in-line with regulatory requirements and includes details of outcomes, achievements and areas to inform the ongoing development of the service.

The manager carries out regular supervision and appraisals and is supportive of care staff development. From documents reviewed, a purposeful induction process provides staff with the right attributes and skills to deliver care and support to young people effectively.

Care staff receive training to support young people to achieve their outcomes. Care staff are knowledgeable and understand their responsibilities to safeguard young people and how to raise concerns. Training records are kept up to date and confirm when staff have completed training. Staff are registered with Social Care Wales and told us they feel supported by the manager and are encouraged in their continuous professional development.

A rota management system is in place and suitable staffing levels are provided for young people to achieve their outcomes. Any shortfalls are covered by care staff and managers of the service and no agency staff are currently in use.

Appropriate pre-employment checks are completed, and records show the area for improvement identified at the previous inspection has now been met.

Team meetings are carried out regularly, have good attendance and focus on outcomes and developments for young people.

### Summary of Non-Compliance

Status	What each means
<b>New</b>	This non-compliance was identified at this inspection.
<b>Reviewed</b>	Compliance was reviewed at this inspection and was not achieved. The target date for compliance is in the future and will be tested at next inspection.
<b>Not Achieved</b>	Compliance was tested at this inspection and was not achieved.
<b>Achieved</b>	Compliance was tested at this inspection and was achieved.

We respond to non-compliance with regulations where poor outcomes for people, and / or risk to people’s well-being are identified by issuing Priority Action Notice (s).

The provider must take immediate steps to address this and make improvements. Where providers fail to take priority action by the target date we may escalate the matter to an Improvement and Enforcement Panel.

### Priority Action Notice(s)

Regulation	Summary	Status
N/A	No non-compliance of this type was identified at this inspection	N/A

Where we find non-compliance with regulations but no immediate or significant risk for people using the service is identified we highlight these as Areas for Improvement.

We expect the provider to take action to rectify this and we will follow this up at the next inspection. Where the provider has failed to make the necessary improvements we will escalate the matter by issuing a Priority Action Notice.

### Area(s) for Improvement

Regulation	Summary	Status
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N/A	No non-compliance of this type was identified at this inspection	N/A
35	Staff recruitment records were not available at the service for inspection by the regulator	Achieved

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