



## Inspection Report

**Rise and Shine Day Nursery Ltd**

**Rise & Shine Day Nursery  
Bridge Road Pentre Maelor  
Wrexham  
LL13 9FZ**



**Date Inspection Completed**

08/10/2021

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## About Rise and Shine Day Nursery Ltd

Type of care provided	Childrens Day Care Full Day Care
Registered Provider	Rise and Shine Day Nursery Ltd
Registered places	69
Language of the service	English
Previous Care Inspectorate Wales inspection	<a href="#">Manual Insert</a> Post registration
Is this a Flying Start service?	<a href="#">Manual Insert</a> No
Does this service provide the Welsh Language active offer?	This is a service that does not provide an 'Active Offer' of the Welsh language. It does not anticipate, identify or meet the Welsh language needs of people /children who use, or intend to use their service.

<a href="#"><u>Well-being</u></a>	<b>No Rating Required</b>
<a href="#"><u>Care and Development</u></a>	<b>No Rating Required</b>
<a href="#"><u>Environment</u></a>	<b>No Rating Required</b>
<a href="#"><u>Leadership and Management</u></a>	<b>No Rating Required</b>

For further information on ratings, please see the end of this report

## **Summary**

This is an inspection undertaken during the Covid-19 pandemic; therefore, we have focused on the priority areas for this setting and not the full quality framework.

Children have a voice and are listened and responded to well. They have choices and move around freely. Children get to know the staff well and feel relaxed and settled in their care. Children interact well and appropriately for their age and stage of development. Opportunities for children to take part in activities allow them to follow their interests and supports the development of a range of skills, including their independence.

Staff understand their roles and responsibilities, implementing the policies and procedures effectively and promoting a healthy lifestyle. They are warm and caring, providing comfort, reassurance and support. Staff get to know the children well and plan suitable activities.

People who run the service ensure the environment is safe and suitable for children. The environment is welcoming and there is space for children to play. People who run the service provide a good choice of clean and well-maintained resources, which promotes children's curiosity and interest.

People who run the service manage it well and have an effective system in place to evaluate the care provided. People who run the nursery have a team of staff who work together well and support each other in providing effective care for children. Close relationships with parents are developed.

Children have a voice. They are listened and responded to well, helping them to become confident communicators. They move around freely choosing where and whom they would like to play with. Activities and resources reflect what children enjoy as staff know and consider their interests. For example, after lunch children were asked if they would like a story or play “what’s in the box.” Children are given a variety of snacks to choose from and could ask for more if they wanted.

Children get to know the staff well, helping them feel relaxed and settled in their care. Children form friendships and there was lots of laughter and enjoyment as they played together. For example, children enjoyed chasing each other around outside. Children are familiar with the environment and routines, which helps them have a sense of belonging. For example, children knew to wait while other children finished their lunch and then they could choose what they wanted to do.

Children interact well and appropriately for their age and stage of development. They learn to respect each other and the resources, using them appropriately and helping to put them away when asked. Children learn to share and wait their turn. For example, when washing their hands at the portable sink children waited patiently for their turn and then put their paper towel in the bin.

Children enjoy their play and learning. They have opportunities to take part in activities that allow them to follow their interests and develop their skills. For example, a group of children enjoyed making a tower with a member of staff and babies enjoyed looking through the magnifying glasses.

Children have extensive opportunities to develop a range of skills including their independence. Those that are able to independently wash and dry their hands before eating and put their coats to go out and play. Children develop their language as they freely chat and play with each other and staff, helping their communication skills.

## Care and Development

## No Rating Required

Staff understand their roles and responsibilities and implement the policies and procedures effectively. Safeguarding is a high priority and staff were able to explain the correct procedure they would follow if they had safeguarding concerns about a child. Staff promote a healthy lifestyle with nutritious food available for snacks and lunch. They effectively meet children's dietary requirements and cater for all individual needs. However, sometimes staff allowed children to be too reliant on comforters. Fire drills are practised and recorded, evidencing staff and children are aware of the procedure to follow should they need to evacuate the premises in an emergency. Accidents and incidents are recorded appropriately and records show these are shared with parents. Staff provide regular opportunities for children to access the outdoor areas. This gives children chances to be physically active, get fresh air and learn about the world around them.

Staff are warm and caring towards the children. They provide comfort, reassurance and interactions that support the children's wellbeing and development. Staff support and encourage children's speech and language skills through interactions and responding well to children's attempts at communication. Staff talk and listen to the children, making their experiences more sociable and interactive. For example, staff sat at the table with the children during lunchtime. They talked about their day and experiences outside of the service. They sit at the children's level and play alongside them when children want them to. For example, children and a member of staff were having a lot of fun chasing each other and playing cops and robbers outside. Another staff member was sitting on the floor in the construction area with a group of children. Staff are consistent in their management of behaviour and use praise effectively to celebrate children's achievements. For example, when a baby was attempting to crawl staff were heard saying "come on, you can do it" as they put their arms out to encourage them.

Staff plan activities that reflect the children's interests and development. They get to know the children well so they can provide suitable resources and activities. Staff use the tracking of children's progress effectively to plan next steps in children's play and learning. Records for children with additional needs allow staff to follow learning plans as and when needed. Staff work well together, which helps them provide effective care that supports the children's learning and development.

## **Environment**

## **No Rating Required**

People who run the service ensure everyone understands their responsibilities in relation to the safety and welfare of children. Visitors are recorded and effective procedures have been implemented in response to the COVID 19 pandemic. For example, hand sanitiser is available throughout the service and more hand washing by staff and children is completed. Risk assessments are in place and reviewed regularly. People who run the service keep the premises secure, clean and in good repair. All doors leading to the outside are locked and the outdoor play areas are enclosed with suitable fencing.

The environment is welcoming and people who run the service ensure there is space for children to move freely. The different rooms allow children to be grouped with others of a similar age and stage of development. All children have access to toilets and hand washing facilities either in or just off their allocated room. The displaying of children's work throughout and providing low-level pegs to hang their belongings, gives children a sense of pride and belonging. Children of all ages have access to suitable outdoor areas. The adventure garden, used by most age ranges, gives children an exciting space to explore and learn about the world around them. All spaces are welcoming, well maintained and utilised well.

People who run the service provide a good choice of clean and well-maintained resources, which promotes children's curiosity and interest. For example, children have opportunities to be active and develop their physical skills indoors and outside as there is equipment suitable for them to climb and balance on. The areas of play set up in the rooms promotes children's imagination and sensory skills. For example, outside there is a barked area specifically for messy play. It includes a mud kitchen and indoors children have access to a range of musical instruments, which we saw the babies enjoying together. Most resources are made from sustainable materials with a range of wooden toys and equipment. People who run the service ensure there are plenty of suitable, age appropriate toys and equipment to maintain children's interest in play and learning.

## Leadership and Management

No Rating Required

People who run the service manage it well. The statement of purpose contains all the information parents need to make an informed decision about the care their child receives. All paperwork seen was well organised, which made it easy to find information. People who run the service and staff understand their roles and responsibilities. Policies and procedures reflect the current service and care provided and dates show regular reviews take place.

There is an effective system in place to evaluate the service and care provided. People who run the service regularly review the care they provide and make appropriate changes and improvements that benefit the children. For example, changes to the outdoors, including a new shelter, has created an exciting space that children can access in all weathers. We saw children thoroughly enjoying this area, playing with construction toys and mark making with chalk at the table.

People who run the service have established a team of staff who work together well and support each other in providing effective care for children. Staff receive regular supervisions and appraisals, which allows them to share information and identify any potential training. The recruitment procedure in place is robust and ensures all required information is available to evidence the suitability of staff to care for children. Staff we spoke with said they felt supported in their role and knew they could approach people who run the service at any time if they needed any help or support.

People who run the service have close relationships with parents. Those we spoke to said they were happy with the service, felt safe to send their child and would recommend it to others. Parents told us they receive verbal and written feedback about their child's day and progress, keeping them up to date. The introduction of an App ensures parents are frequently updated on their child's experiences and development.



## **Recommendations to meet with the National Minimum Standards**

R1: Encourage and support children to have less reliance on dummies/comforters, especially older children.

**Areas for improvement and action at, or since, the previous inspection. Achieved**

**Areas for improvement and action at, or since, the previous inspection. Not Achieved**

None	
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**Areas where priority action is required**

None	
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**Areas where improvement is required**

None	
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**Date Published** 05/11/2021